

ANNUAL
NARRATIVE REPORT
YUMA COUNTY

December 1, 1945 - December 1, 1946

MARIEL HOPKINS
Home Demonstration Agent

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1946

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ANNUAL NARRATIVE REPORT

of

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Yuma County

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

Adult Work

Eight Home Demonstration Clubs have held eighty six meetings during the year with a total attendance of nine hundred eighty four. Of these meetings, forty two were attended by the Agent and had a total attendance of four hundred sixty two. The remaining forty four meetings were conducted by local leaders.

This is a smaller number of meetings attended by the Agent than in previous years. The explanation is that an expanding 4-H club program has required that more time be devoted to Junior work than in previous years. During the year 1945, one hundred and sixty six days were devoted to adult work while during the present year 1946, one hundred and one days have been devoted to adult work.

A new club for mothers of school children was organized at Gadsden in October of this year. The club is carrying the Home Demonstration program.

The Agent has served six women's organizations, other than Home Demonstration Clubs, each with one or more method demonstration meetings during the year. Other than this, organizations such as the American Red Cross, the Cancer Control clinic, the District Federation of Women's Clubs, the Delta Kappa Gamma Educational Association, and church organizations have been served by the Agent.

A County wide program in clothing and nutrition was planned with the state specialists, and has been carried out.

Nutrition

The State Specialist spent two days in the county presenting the subject of Pressure Sauce Pan Cookery. The work presented was taken into all communities in the southern part of the County.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

There have been method demonstrations by the Agent and Leaders on the sharp freezing of food materials; Meat Canning; Fat and Sugar Conservation; Bread Making; Christmas Cookery; etc.

Of prominent interest has continued to be Food Preservation. There has, however, been a decided swing to freezing from canning. From reports received, the total amount of food preservation is approximately the same as for the previous but much less canning and more freezing as follows:

- 30,000 quarts of fruit canned
- 25,000 pounds of fruit frozen
- 25,000 quarts of vegetables canned
- 15,000 pounds of vegetables frozen
- 25,000 quarts of meat canned
- 25,000 pounds of meat frozen.

The above figures do not include results from work with groups and individuals other than Home Demonstration.

As in previous years the Agent has answered inquiries and distributed Extension bulletins on Child Care and Training; Date Curing; Fig Drying; Food Preparation; Gardening; etc.

Clothing

The State Clothing Specialist has spent a total of four days in the county presenting the subject of Basic Patterns. The work presented has, to date, been given in five communities and the project is being carried into the year, 1947.

There have been method demonstrations by the Agent and Leaders on Dress Finishes; Plackets with emphasis on Zippers; Tailoring Technics; Christmas gift suggestions; etc.

While there has been time for twenty two adult method demonstrations by the Agent during the year, there has been a spread of influence in all communities through Leaders. It is estimated that almost five hundred families have been assisted by the adult and 4-H programs.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

Home Management and Family Economics

As in previous years, household accounts are being kept by practically all Home Demonstration Club members. The practice is in part at least due to the effort of the Agent during the current and previous years. However, income tax returns have been the biggest factor in making the practice mandatory.

Home, Furnishings and Surroundings, Mattress Making

The making of slip covers and re-upholstery of furniture continues to be practiced in all communities as a result of Home Demonstration work. Many of these practices are a result of demonstrations in previous years. During the current year five demonstrations or all day meetings have been held by the Agent. There has been report of nine such meetings being conducted by Leaders. There have been ~~no~~ others not reported.

The mattress making program of several years ago continues to have follow up. Two centers were set up in the northern part of the county and the Agent gave a demonstration. Fifteen mattresses were reported finished. In the southern part of the county, the Agent instructed a group in the making of a baby mattress.

Junior Work

This year has seen a material strengthening of 4-H club organization in Yuma County. Two major events have been added to the annual program as follows: a County Junior Agricultural Fair in the Spring; a County Recognition Event in the Fall.

The Fair required much time in preparation both for organization and for publicizing. Mr. Al Face, Assistant County Agricultural Agent was in charge of over-all plans and the Agent worked closely with him. The girl's work fell in two classes: Exhibits; Demonstrations. Approximately one hundred and fifty girls had entries varying from one to five. More than four hundred people visited the Fair. It was a gala occasion.

The Recognition Event took the form of an evening meal (called a banquet) with 4-H club members, their parents and Leaders invited. Awards for the year past, club, county, and state were made. More than three hundred people attended with all counties in the southern part of the county represented. This likewise, was a gala occasion.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

The Agent chaperoned a group of 4-H Boys and Girls to the ten day 4-H Camp held at Camp Geronimo. Twelve 4-H girls and five 4-H boys were in attendance.

During the year a total of nineteen 4-H clubs in clothing, Meal Planning and Canning were supervised by the Agent. All clothing clubs functioned during the school year with but one holding regular meetings during the summer. Four meal planning clubs functioned during the school year and three functioned during the summer.

Local achievement days in the southern part of the county were not held, as usual, in the spring but were incorporated with the Recognition Event previously discussed. In the northern part of the county, however, local achievement events were held at four centers.

County winners in the following projects entered the state competition: Girl's Record; Clothing Achievement; Canning; Dress Revue; Dairy Food's Demonstrations. The Dairy Foods Demonstration Team was adjudged the state winners in that event.

Statistics

From the statistical report is the following:

Days spent in Adult work.....	101	
Days spent in 4-H club work.....	<u>172</u>	
Total for year.....		273
Days spent in the Office.....	56	
Days spent in the Field.....	<u>217</u>	
Total for year		273
Days spent in Projects		
Extension Organization and Planning.....	68	
Improvement & Equipment.....	12	
Nutrition and Health.....	86	
Clothing, Family Economics, Parent		
Education, Community Life.....	<u>107</u>	
Total for year.....		273

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

(a) Local factors influencing the work of the Home Demonstration Agent in Yuma County, is modified with local conditions, most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless the total acres on which cultivated crops are grown is relatively small. Since the last census about twenty five hundred acres of land in the South Gila Valley, on the area north of the Army airport, etc., have come into cultivation for the first time. Still the acres under cultivation in Yuma County is not more than two percent of the total. In general this low percentage is due to unused land divided into soil highly productive but without water supply, and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. While the war has brought more than its share of changes to Yuma County, yet, as far as can be ascertained, of the land under cultivation, approximately one-third is still farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

In some localities in Yuma County, the soil and water are of such mineral content as to make the growing of a home vegetable garden very difficult. Because until the year 1942, vegetables were available in our Yuma markets in good variety and for much less than these particular communities could produce them (irrigation costs, etc), the practice of home gardens was confined to the Yuma Valley and communities where the salt soil is not prevalent. Since the war, and patriotic stress for gardens, together with the change in the truck gardening business there, has created renewed effort to grow home vegetable gardens. This has been augmented by local large scale production of carrots, garden peas, tomatoes, lettuce, etc. The results are told later.

The desert area of Yuma County is located in the heart of the county, dividing it into two distinct divisions known as the Northern part and the Southern part. To reach the northern part of the County a graveled road with many dips

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of from seventy to one hundred and twenty miles must be traveled. Since these trips are very hard on the rubber of tires, during the war traveling was curtailed at the request of the State Office. During the current year trips have been made each month of the school year in cooperation with Mr. Al Face, Assistant County Agricultural Agent. These trips have been largely for 4-H club work with the exception of one adult Leader meeting on Mattress Making and one meeting in the Vicksburg, Salome, Wenden area.

Another local factor influencing Home Demonstration Work in Yuma County is the Mexican population. Approximately one-third of the county is Mexican. Of These Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the schools, the women are practically unapproachable. There are, however, women in our Home Demonstration Clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should be also made of the Indian population. There are two Indian Reservations as follows:

- (1) The Cocopah Reservation, located in the lower Yuma Valley:
- (2) The Colorado River Agency located at Parker. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

(b) FORM OF ORGANIZATION

Yuma County Home Demonstration work is organized under two headings as follows:

- (1) Work with Adults through regularly organized Home Demonstration Clubs; through clubs other than those primarily organized for Home Demonstration work; through temporary groups of women formed for one or more Extension projects; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

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- (2) Work through Juniors through regularly organized 4-H Clubs.

Regularly organized Home Demonstration Clubs include the following areas: (1) Gadsden (2) North and South Gila (3) Somerton (4) Sunnyside (5) Rood (6) Roll, Tacna, Wellton (7) Crane and Yuma Mesa (8) Vicksburg, Salome, Wenden.

The Parker area has been visited once for adult work, as previously explained. However, this was a special rather than a regularly organized Home Demonstration group. Parker homemakers as well as other homemakers, have been contacted with the bulletins and other subject matter material.

The Agent works either directly or indirectly through the organized clubs in the city of Yuma and vicinity. Among these may be mentioned the Yuma Mother's Club; the Wednesday Afternoon Club; the Senior Delta Club; ~~the Business and Professional Women's Club; Delta Club;~~ the Business and Professional Women's Club; the Junior Delta Club; the Delta Kappa Gamma Educational Society. In addition she is occasionally called on for help from the local chapter of the American Red Cross; the Women's Auxiliary of the American Legion; various church organizations; Camp Fire Council; District Federation of Women's Club; County Teacher's Organization; County Council for Cancer Prevention.

All Home Demonstration Clubs have a roster of members in the Agent's Office and notices of meetings are sent to each member.

As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in recent years, it has been difficult to realize this. Limiting factors have been: shift in interests due to world conditions; additional duties assumed by women; local markets depleted of vital commodities; tires and otherwise well worn cars. These factors have all greatly influenced programs.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

With Home Demonstration Clubs, a Nutrition local leader meeting was given by the Nutrition Specialist in February, and another local leader meeting by the Clothing Specialist in April. Prior to and, on occasions, after these meetings, the Agent has given back to clubs subject matter obtained at state schools of Instruction during the year 1945 as follows: Family Living; Freezing Foods; Tailoring Technics. This current year has been a transition from war time activities to peace time activities. During the war, clubs continued to meet during the intense heat of summer. This summer, there was a vacation epidemic in all communities. As a result a majority of Homemakers were gone from home. To go on a trip seemed to be the popular method of relaxing from war time tenseness. This will probably not happen again. Home Demonstration clubs were uniformly abandoned for the summer and reorganized again this Fall.

The work of the Agent entails, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, etc.

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration field. As usual, this has been done through distribution of bulletins at meetings, etc. Material has also been mailed upon request. Such requests have greatly increased the past few years as compared with previous years.

The county newspaper continues to be helpful in forwarding Home Demonstration work in the county. Special meetings have been announced and visits of the State workers to the county. The Agent has, on occasions, furnished articles as the need has developed.

Yuma County's Radio Station, KYUM, has been very cooperative. Since early last spring, a fifteen minute period once a week has been used by the County Extension office. The Agent's turn to use this broadcast time has come once in three weeks when she has presented timely Home Economics programs, sometimes as a dialogue with some one else but more often alone. Special broadcasts have been given publicizing the Junior Agricultural Fair and the 4-H club camp. In all, sixteen broadcasts have been given.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

(c) Table showing program as planned and achieved in Yuma County
1945-46

PROJECTS	NUTRITION	CLOTHING	HOME M'N'GT & HOME FURNISHINGS	COMMUNITY ACTIVITIES
No groups planned	17	15	6	14
	Gadsden North Gila Sunnyside Roll Wellton Crane Somerton Yuma Mesa South Gila Rood Parker Wenden Salome Yuma Wed. Aft. Club BPW Club Red Cross Mother's Club	Gadsden North Gila Sunnyside Roll Wellton Crane Yuma Mesa Somerton Rood Parker Wenden Salome Yuma Wed. Aft. Club Red Cross Legion Aux.	Gadsden North Gila Sunnyside Roll Yuma Mesa Somerton	Gadsden North Gila Sunnyside Roll Crane South Gila Somerton Rood Parker Wenden Salome Yuma Music Club Delta Kappa gamma Educ. Assn. BPW Club
No groups achieved	17	15	6	14
Individuals enrolled	475	421	182	512
Value in Aggregate	Improved nutri- tion standards; Preservation of foods by freezing established; Im- proved cooking procedures.	Better cloth- ing standards Tailoring es- technics es- tablished; Make-over habits; Fitt- ing procedure	Better operated homes; economic gains.	Happier rural life.

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D. PROGRAM OF WORK

(a) Factors Considered and Methods Used in Determining
Program of Work

Following the policy of previous years and as previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible because it is realized that more effective work can be done if interests are not divided. However, this effort has not interfered with the established plan of having programs result from conference with club leaders as well as others leading women in the county, and from constant queries put to women in attendance at the meetings as well as from constant study of local conditions.

During the war years and extending into the post-war period there have been certain modifications in program of work necessary because women have been anxious to do their part in the war program, because the labor shortage has increased home duties, and because of limited markets. For instance, lean markets in ready-to-wear clothing have stepped up home sewing. Then the shortage of yardage has meant that women have done an unusual amount of makeovers. All this has meant that groups of women have requested instruction in re-upholstery and slip covers, in remodeling, in garment construction work in cooperation with the Red Cross Chapter, etc. Because of these local needs, certain projects have been carried even though they have not been state projects.

As this report is being written women all over the county are again taking up peacetime activities. This Fall has seen a step-up in willingness to assume club responsibilities, etc. The local leader movement is again functioning on a better than pre-war basis.

The local leader movement began in Yuma County in the Fall of 1939. However, because of limiting factors, it has, from the beginning functioned on a limited basis only.

These handicaps have to do with travel conditions, climate, etc., rather than indifference on the part of the women. The movement has of course, been carried in cooperation with the State Staff and after plans have been formulated at State Conferences for Home Demonstrations workers. Because Yuma County has had Home Demonstration work since the work was first inaugurated into ~~and~~ Arizona and because pre-establishment

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D. PROGRAM OF WORK (cont'd)

(a) Factors Considered and Methods Used in Determining
Program of Work (cont'd)

discussion of the local leader movement had not met with favor, the Agent, has from the beginning, made a special effort to make the surroundings as pleasing as possible for an added appeal. Until the fall of 1943, meetings were held at the Agent's home and the social aspect was included. In 1943, because it was necessary to curtail travel as much as possible, two new centers were established as follows:

- (1) Methodist Assembly Room in Somerton
- (2) Water Users Office in Roll

From that time until this Fall, even with this modification, difficulty of travel and pressure of work at home prohibited communities from being organized as completely as in pre-war years. In January of 1945, the Somerton Center was moved to the Manual Training room, and the Roll center to the Manual Training room at the Mohawk School.

However, even with this modification, difficulty of travel and pressure of work at home have prohibited communities from being organized as completely as in pre-war years. In January of this year, the center of Somerton was moved to the Manual Training room at the Mohawk School. This was because the meetings were on clothing storage and needed work bench facilities. Because of the uneven distribution of leaders at these meetings, it was necessary for the Agent to take the work to clubs which could not be represented. Clubs receiving the program of the Specialists were as follows: Roll-Wellton Home Demonstration Club; Gadsden Home Demonstration Club; North Gila Home Demonstration Club; South Gila Home Demonstration Club; Sunnyside Home Demonstration Club; Crane and Yuma Mesa Home Demonstration Club; Somerton Women's Club; Senior Delta Club; Vi-Sa-Ten Club.

The Fall, the Home Demonstration County Council held a luncheon meeting at the Agent's home. Officers were elected. The following county goals were accepted.

1. Each club works ~~for~~ for a certificate of achievement.
2. Make possible a yearly physical examination for every rural woman

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3. An adequate lunch for every school child.
4. To establish at least one result demonstration on housing in each community.

The club goals suggested to be submitted to the various clubs for approval were:

1. Improve club kitchens
2. Establish calling week
3. At least one annual family get-together
4. Start a building fund for a club house.

Requirements for a certificate of achievement have been set by the state office as follows:

1. 1. One meeting each month, minimum eight meetings a year
2. Satisfactory secretary book
3. Take part in a county or local achievement day; or a tour or exhibit
4. Reports--Minimum two stories a year
5. Majority of active members attend each meeting (club decides who is active)
6. Carry at least one project with local leader giving back the subject matter
7. A representative attending each county meeting--state, if possible
8. Sponsor at least one community activity

Home Demonstration clubs at the writing of the report, have uniformly accepted these goals.

(b) Influence of State and National Agricultural Agencies

These agencies may, as in previous years be listed as:

(1) Farm Bureau; (2) Agricultural Adjustment Administration; (3) Farm Security Administration. While Home Demonstration work in Yuma County continues to be quite distinct from other Agricultural agencies in the county, there has not been a month when correlation has not occurred. It comes naturally rather than from being planned.

The independence comes from the fact that the office of the Home Demonstration Agent is in her own home. This came about originally because of the crowded condition in the County Court House which did not permit suitable housing space. The present

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D. PROGRAM OR WORK (cont'd)

(b) Influence of State and National Agricultural Agencies (cont'd)

plan continues to be very satisfactory. She has her material organized for ready access and home conditions facilitate the working up of illustrative material etc. The office is equipped with a telephone and the Agent is within working distance from the County Court House where the County Agricultural Agent has his Office and where the Home Demonstration Agent goes for stenographic service and for conference with the County Agricultural Agent.

The Agricultural Adjustment administration office is in the same room as the County Agricultural Agent and the Home Demonstration Agent relies in many instances upon the personnel of the AAA for information in the operation of her program. An example of this is that the Agent often checks her mailing list to facilitate accuracy. This is a decided help since Yuma County has a shifting of population.

The spring of 1945, the County Farm Security Administration office lost its Home Management Supervisor, in the person of Mrs. Helen Koogler, and no one was appointed to fill her place. The pleasantest relations existed between the Home Demonstration Agent and the Home Management Supervisor. They served together on the Red Cross Nutrition Committee, the Agent furnished needed bulletins when requested and on occasions they counselled together about their work. With the opening of school the Fall of 1945, Mrs. Helen Koogler, became the High School Home Economics teacher so friendly professional relations have continued. This was perhaps best illustrated last spring at the Junior Agricultural Fair when 4-H club girls and vocational High School girls joined in a Home Economics exhibit.

It should, perhaps, be stated here, that members of Farm Security client families have been a part of the membership of all Home Demonstration groups, whether adult or 4-H. This has been true ever since the Agent came to the county eleven years ago. The Agent has known this because of previous work with the Farm Security Administration, or because the individual tells it rather than from questioning on her part.

Farm Bureau meetings in Yuma County were largely discontinued during the war and have not, as yet been revived. Even though she would very much have liked to do so, the Agent has not been privileged to attend those Farm Bureau meetings which have occurred, the reason being a very full program and mileage expense. The Farm Bureau has in past years been very cooperative with Home Demonstration work. It has made contributions when funds were necessary.

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D. PROGRAM OF WORK (cont'd)

(c) Project Activities and Results

1. Organization

Sub-Project A-Farm Organization

The town of Yuma is the center of interest for all the southern part of the county. Rural people without exception come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason it has always been hard to draw a line between urban and rural activities.

It may be of interest to here state that the suburban section just south of Yuma and referred to as Yuma Mesa was, last year, incorporated into the city proper. This is a residential section where the Agent goes, from time to time for meetings. More than ten miles beyond is another section which is still known as the Yuma Mesa and whose principal industry is the growing of citrus.

In Yuma County the needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works so she must ever be on the alert that the material she gives is up-to-date and sound. This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the county is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

Sub-Project B-Home Economics Extension

As previously explained, the County Home Demonstration Program, as much as is feasible, operates from the State Home Demonstration office which in turn operates from the Agricultural Extension office at the University of Arizona. Yuma County is allowed its share of the services of the State Clothing

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PROGRAM OF WORK (cont'd)

Specialist and the Extension Nutritionist. In addition the county is visited by the State Leader of Home Demonstration work and by the State 4-H club leader in the interest of the Agent's program. This current year two additional specialists in the person of Miss Bertha Virmond, Home Demonstration Agent at large, and Miss Grace Ryan, 4-H Club Specialist came for judging purposes.

As previously told under C (b) work with adults in Yuma County is carried out in part by regularly organized clubs called "Home Demonstration Clubs". This current year the number of such meetings attended, in person, by the Home Demonstration Agent has been curtailed by the greater demand made on her time by the 4-H club program. There were, however, Home Demonstration Club meetings directed in subject matter by the Agent, but actually conducted by local leaders. A roster of meetings actually attended by the Home Demonstration Agent is as follows:

December:

- 4 - North Gila Home Demonstration Club
- 5 - Roll-Wellton Home Demonstration Club
- 7 - Vicksburg, Salome, Wenden Home Demonstration Club
- 19 - Gadsden Home Demonstration Club

January:

- 2 - Roll-Wellton Home Demonstration Club
- 9 - Gadsden Home Demonstration Club
- 15 - North Gila Home Demonstration Club
- 22 - Sunnyside Home Demonstration Club
- 24 - Roll, Wellton Home Demonstration Club
- 26 - Crane & Yuma Mesa Home Demonstration Club

February:

- 7 - Roll-Wellton Home Demonstration Club
- 12 - North Gila Home Demonstration Club
- 13 - Gadsden Home Demonstration Club
- 21 - Roll-Wellton Home Demonstration Club
- 27 - South Gila Home Demonstration Club

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PROGRAM OF WORK (cont'd)

March:

- 7 - Roll-Wellton Home Demonstration Club
- 12 - North Gila Home Demonstration Club
- 13 - Gadsden Home Demonstration Club
- 14 - Sunnyside Home Demonstration Club

April:

- 10 - Gadsden Home Demonstration Club
- 12 - North Gila Home Demonstration Club
- 24 - Roll-Wellton Home Demonstration Club
- 30 - Sunnyside Home Demonstration Club

May:

- 25 - Yuma Mesa, Crane Home Demonstration Club
- 28 - North Gila Home Demonstration Club
- 29 - Gadsden Home Demonstration Club

June:

- 8 - Yuma Mesa, Crane Home Demonstration Club

September:

- 30 - Yuma County Home Demonstration County Council

October:

- 8 - North and South Gila Home Demonstration Club
- 9 - Gadsden Home Demonstration Club
- 15 - Yuma Mesa and Crane Home Demonstration Club
- 17 - Wellton Home Demonstration Club
- 23 - Sunnyside Home Demonstration Club
- 24 - Rood Home Demonstration Club

November:

- 1 - South Gila Home Demonstration Club
- 5 - Gadsden Home Demonstration Club
- 12 - North Gila Home Demonstration Club
- 13 - Gadsden, Home Demonstration Club
- 20 - Sunnyside Home Demonstration Club
- 21 - Wellton Home Demonstration Club
- 22 - Rood Home Demonstration Club
- 26 - Yuma Mesa and Crane Home Demonstration Club

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PROGRAM OF WORK (cont'd)

Beginning in 1944, the above clubs showed a slight re-adjustment over previous years to make a more natural grouping. Consequently the Crane Club is now the Yuma Mesa, Crane Club. The Yuma Mesa, Sunnyside Club is now the Sunnyside Club. This Fall two other changes have taken place as follows: (1) The women in the Wellton vicinity have asked to meet separately from the Roll-Wellton Club. Consequently in October a branch club was organized with a member of the Roll-Wellton club as president. (2) The Principal of the Gadsden school approached the Agent asking that a branch club be organized to serve the mothers of the school. Consequently the first week in October a branch club was organized in Gadsden.

These clubs are not to interfere but merely to supplement the work of the initial clubs.

Of groups not specified as Home Demonstration Clubs, but with which the Agent has carried programs, may be mentioned: Wednesday Afternoon Club; Yuma Mother's Club; Yuma Music Club; Delta Kappa gamma Educational Society; Arizona Home Economics Association, American Red Cross; Business and Professional Women's Club, various church organizations in Yuma and Somerton; etc.

Home Maker Councils

As this report is being written, the outlook for a consistently functioning County Council for Home Demonstration Clubs is better than it has been at any time in the past.

During the war period, it was impossible to hold County wide home maker councils because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These group decisions were pooled for a county decision. Then it was she met individually with program committees and planned with them for the year for their particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs, and was distributed to members.

This Fall, the County Office, published its own Home Maker's Year Book. In it are found: County goals; club goals; club enrollment; officers; suggested program subjects; Home maker's creed; a calendar of monthly meetings. Also scattered through the book are timely quotations and there is space for note taking. The form for this year book came from the State Office. The details were worked out by the County Council this Fall.

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Yuma County, Arizona
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PROGRAM OF WORK (cont'd)

Sub Project C-4-H Clubs

Organization

From December 1945 to December 1946, girls' 4-H Clubs in Yuma County have been in operation and have shown completions. These are as follows:

<u>Clothing</u>	<u>Enrollment</u>	<u>Completions</u>
Crane	27	20
Rood	22	19
Sunnyside	17	14
Roll	15	14
Gadsden	19	17
Somerton, 7th	20	20
Somerton, 8th	22	21
Stitch & Cackle (HighSchool)	7	6
Las Aguilas	6	
Jolly Commuters (HighSchool)	8	8
Sand Sifters (Parker)	11	11
Bouse	11	11
Harquehala	3	3
Quartzsite	2	0
Salome	6	2

Meal Planning

Roll	14	14
Sunnyside	7	7
Crane	11	10
Somerton	11	10
Las Aguilas (High School)	2	2
Jolly Commuters(HighSchool)	6	6
Sand Sifters (Parker)	14	12
Bouse	1	1
Harquehala	1	1

Food Preservation

Las Aguilas (HighSchool)	3	3
Jolly Commuters(HighSchool)	4	3
Gadsden	8	7
Rood	5	5
Sunnyside	6	4
Somerton	5	5

Home Furnishings

Rood	3	3
Sunnyside	3	3
Totals	<u>290</u>	<u>255</u>

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PROGRAM OF WORK (cont'd)

The figures are for enrollments in the various girls' projects. Obviously a number of girls were enrolled in more than one project and two clubs were combination meal planning and canning clubs. The number of 4-H girls carrying one or more projects during the year is 211. This figure does not, however, include girls who attended club meetings from one to three times but who, for various reasons, did not become permanent club members. During the year there were approximately thirty such girls.

During the year, the Agent has spent sixty three percent of her time with 4-H club work. This represents a substantial increase over all previous years. As a matter of fact it is the first year when 4-H club work has taken even half of the Agent's time, the nearest approach being forty three percent last year. The reason has been an expanding 4-H club program in Yuma County. This year, for the first time, Yuma County has had an Assistant County Agricultural Agent who has been a specialist in 4-H Club work. New features have consequently been introduced into the program such as: a County 4-H Club Fair; various trips to State Camp; State Fair, etc; Recognition Banquet; night meetings for the older youth; County Council Meeting; etc. All of these events have made an increased demand on the Agent's time. In addition, the Agent has been called on many times to "pinch-hit" for leaders. The teacher shortage has brought this about because of the heavy load being carried by teachers. However, as this report is being written, a definite advantage is developing. Mothers and interested outsiders are more than ever assuming leadership responsibilities rather than have their children loose out on the advantages of 4-H club work. They are realizing that it is a physical impossibility for the Agent to be in more than one place at a time. To date, competent volunteer leaders have been added at Wellton, at Crane, at Gadsden and at Salome.

State workers who have visited the county, during the current year, in the interest of 4-H club work are as follows:

Feb. 15 & 16--Mr. Kenneth McKee, State Leader, 4-H club work
Apr. 5 & 6 --Mr. Kenneth McKee, State Leader, 4-H Club Work
Miss Jean Stewart, State Leader, Home Dem. Work
Miss Grace Ryan, State Specialist, 4-H Club Work
Miss Bertha Virmond, Home Dem. Agent at Large
Sept. 25 --Miss Bertha Virmond, Home Dem. Agent at Large
Miss Helen Church, State Clothing Specialist
Oct. 19 --Mr. Kenneth McKee, State Leader, 4-H Club Work

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In all above instances, the Home Demonstration Agent has shared the time of the state worker with the Assistant County Agricultural Agent. The total number of events and meetings with state workers in attendance thus shared is five with a total attendance of eight hundred.

As before stated, this current year saw the introduction of a Yuma County Junior Agricultural Fair as an annual event. It took place on April 6th and was cooperated in by the Agricultural Extension Service and the vocational classes at the High School. The event was sponsored by the Yuma County Senior Chamber of Commerce. Since it was the first such Fair attempted in the county more than the usual amount of organization work had to be done in preparation. An effort was made to simplify the activities so that better grading could be accomplished. Finally the girl's 4-H work was divided into two main divisions; (1) Exhibits mainly clothing; (2) Demonstrations. Of the approximate 200 girls, 130 brought exhibits varying in number from one to five. These were carefully entered according to catalog classification and judged for white, red or blue award. The exhibit ^{work} culminated in the afternoon by a dress revue at which time three county dress revue representatives were named. All in all, the clothing exhibits were satisfactory. There had been so many interferences in club work during the year that all club members had worked against time to finish their projects and as a result standards were not rigidly adhered to. 4-H club girls have uniformly expressed the desire to do better work another year. The agent feels that since, in almost all cases, girls work with very meager equipment, it was very fine that there were as many completions as there were. Planning for next year's Fair over a longer period of time will make for uniformly better workmanship.

The meal planning entries included posters on the general theme, "Food for Health", and one "House of Health" exhibit built from cereals and fruits.

Demonstrations were thrown into two divisions, (1) Senior (2) Junior. Subjects for demonstrations included, (1) Shrinking Washable material, (2) Table setting the 4-H Way (3) Shining Shoes the 4-H Way (4) Sewing on Fasteners (5) Making a simple salad (6) Glue Method of cleaning washable woollens (7) A quick patch for work clothes (8) Accurate measurements in cooking (9) Sewing Seams (10) Taking Measurements for a dress. The winning Senior team demonstrated "A Quick Patch for Work Clothes" and the winning Junior team demonstrated "Table Setting the 4-H Way". All in all, the demonstrations showed good effort and were well received.

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PROJECT OF WORK (cont'd)

In previous years, 4-H club achievements have been held in May. This current year, the plan was changed for the southern part of the county; being superceded by the Fair in April for exhibit purposes and by a Recognition Banquet in October for making awards, etc. The clubs in the northern part of the County had originally planned to take part in the Fair. A Parker school bus was arranged for, to bring the delegates over the desert, a distance of one hundred and forty miles, to Yuma. Unfortunately the bus broke down completely in transit and consequently the delegation did not arrive. As a result, it was deemed advisable to hold achievements for these clubs as in previous years. Achievement exhibits and programs were held at Bouse, Parker, and Salome. Pins and certificates were presented for completions at that time.

The Recognition Banquet was held at Crane School the evening of Saturday, October nineteenth. The event was participated in by 4-H club members, their parents and leaders, both state and county. Tickets were put on sale and all communities in the southern part of the county responded. More than three hundred tickets were sold and two hundred and ninety served. Food preparation was done by the Crane School Cafeteria staff with individual ice cream tubs for dessert donated by the Senior Chamber of Commerce.

Tables were decorated with 4-H emblems and the banquet room was well set up. The President of the 4-H County Council acted as Master of Ceremonies and the program included the awarding of pins and certificates to all the boys and girls in the southern part of the county, who had completed their 4-H projects since September of last year; special awards for county winners in both boys and girl's projects; special awards for state winners; Leader awards, etc. Mr. Ray Smucker of KYUM broadcasting station, gave the inspirational talk of the evening, and Mr. Robert Brauch led the group in singing. Mr. Kenneth McKee, State Leader of 4-H club work, made the state awards and Mr. Craft from the state office took photographs of the occasion. It was all in all, a gala occasion.

Shortage of materials has directly influenced all project work with girls in 4-H Club work this current year. There has been a decided shortage of yardage, so much so, in fact that for most of the time no material could be purchased. It has required considerable ingenuity on the part of everyone concerned to see that girls have had material with which to work. In spite of this handicap, however, the percentage of completions has been good.

Canning club work, as in previous years has been carried as

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a mother, daughter project. As usual, 4-H club girls have cooperated with their mothers in canning tomatoes, black-eyed peas, garden peas, greens, beets, plums, peaches, apricots, dates, etc. In a few instances girls have done meat canning. In general, the amount of 4-H canning this year was some what less than last year, the reason being that freezing as a means of food preservation is becoming common usage throughout the county.

As usual, during the summer months, 4-H club work centered around Meal Planning. There was in addition some work with canning, with the older girls in clothing, with dairy foods demonstrations and with the girls submitting records for the following contests: clothing achievement; Dress Revue; Girl's Record; Canning.

In last years annual narrative report, the Agent told of a new venture in the history of 4-H club work in Yuma County. It was that a delegation of boys and girls attended the State 4-H Camp at Camp Geronimo, in Cochise County. This year a delegation again attended camp. The party consisted of twelve 4-H girls, five 4-H boys, the Assistant County Agricultural Agent, the Home Demonstration Agent and a local leader who served as song leader for the camp. Time spent at camp was most pleasant and profitable for all the group. Activities were well worked out and thoroughly enjoyed by the boys and girls. However, transportation was even more difficult this year than last year. Last year special help from the state staff was called on at the last minute to make sure that the group arrived home safely. This year, with efforts made in planning, to forestall repeated difficulties, it was even more hazardous. However, the group made the round-trip successfully, every one arriving home safely and in good spirits. Both years the difficulty has been with the bus, used as a conveyance from Yuma, and its driver.

Since making the trip this summer, the Assistant County Agricultural Agent and the Home Demonstration Agent have taken a group of 4-Hers to the State Fair in Phoenix. Again a school bus was used but this time the Assistant County Agent was the driver. He secured a bus driver's license for the trip and there was absolutely no difficulty either going or coming. It would seem that a solution of transportation may be to have a competent driver from our own staff take over.

Speaking of the trip to the State Fair, it was made to fulfill the awards made at the Junior Agricultural Fair. At that time the Chamber of Commerce awarded trips to the State 4-H Round-Up to certain high ranking contestants. The Round-Up did not materialize this year ~~did not materialize this year~~ being

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called off because of the Polio epidemic. Hence the trip to the State Fair was the substitute. Originally nine girls and eleven boys won trips. Because of school examinations and other activities the number of girls actually going was reduced to four. In the case of the boys several were added by paying their own expenses so in the end the party consisted of four girls, fifteen boys and the two Agents. We left Friday afternoon, arrived in Phoenix that evening and returned Sunday afternoon. Saturday was 4-H day at the Fair and the Yuma County group entered judging contests as follows: Rabbits; Poultry; Beef; Dairy; Swine. The remainder of the time was spent with seeing the fair. It was a thoroughly worthwhile and enjoyable trip for all concerned.

Because of the cancelling of the 4-H Round-Up it was necessary to make special provision for judging county contestants for state awards. The record books of all county winners were sent to the state office the first of September. On September 25th, Miss Helen Church, State Clothing Specialist and Miss Bertha Virmond, Home Demonstration Agent at Large, were in Yuma for the purpose of judging our Dairy Foods Demonstration Team and our Dress Revue representative. The event took place in the Crane School auditorium and an audience was supplied by the sixth, seventh and eighth grade girls.

The subject for the Dairy Foods Team was "Out door Meals". The demonstration sought to emphasize the desirability of nutritious, appetizing outdoor meals for Yuma County people. After their introductory remarks, the girls prepared and placed for serving the following meal: Cream of Cheese Soup; Fruit and Vegetable Sandwiches; Head Lettuce and Egg Salad; Milk to drink. All foods were charted on "The Wheel of good Eating and posters were used giving the recipes for the Soup and the sandwich filling.

The girls wore white tailored wash skirts, Yuma County 4-H club T shirts and caps. While the girls had difficulty in meeting for practice since one lived in the extreme northern part of the County and the other in Yuma Valley, some one hundred and thirty miles apart, still they did a very good job. At least the school children who saw the demonstration were very much impressed. Many of them have talked about it with the Agent since the meeting. The demonstration team has since been adjudged the State winner in the Dairy Foods Demonstration contest.

Shirley Woodhouse,
The Dress Revue representative made a yellow wool street dress.

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The material has a woven plaid in it and Shirley did an excellent job of matching the plaids. The dress fits well and the style is becoming. Shirley wears brown accessories in shoes, purse and cap.

The Girls Record Contestant, Billie Simons, was asked to model a blue lace party dress which she had made. It was really a lovely costume and received enthusiastic applause.

The Clothing Achievement Contestant, Dorothy Lattie, was asked to model the wool suit which she made and exhibited at the 4-H County Fair last spring.

In justice to the county contestants in Girls Records, Clothing Achievement and Canning it should be stated that they each prepared record books which were outstanding. They took the form of scrap books, were in well organized array, they set forth their 4-H accomplishments from year to year. They had kept record books, photographs, samples of materials used, 4-H Ribbons, pins, etc., and these were all included in their books. Each of these girls has accomplished much in their 4-H work and each is accomplished in their respective field. Yuma County is proud of it's contestants.

Before leaving the subject of 4-H activities and results it should be here stated that 4-H files in the County office are organized better than they have been in any time past. The Assistant County Agricultural Agent has instituted a card index system which works very effectively for a permanent record of enrollments and completions.

A monthly 4-H News Letter is published under the caption "Covered Wagon" and sent to all 4-H members and their leaders. This newsletter is a joint publication of the Assistant County Agricultural Agent and the Home Demonstration Agent.

Sub-Project D—Reports

Reports from the Home Demonstration Agent's Office take the form of a monthly narrative and statistical report and an annual narrative and statistical report. The Agent has made an effort to submit weekly reports to the state office but more times than not these have been impossible because of congestion in stenographic service or in the Agent's program.

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PROGRAM OF WORK (cont'd)

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII NUTRITION

It seems hardly fair to tell of one year's work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years. For instance, a decade ago, Yuma County had an intense^{ive} course in Child Care. The Agent is still feeling the influence of this course and not a month passes that she does not distribute literature from the Children's Bureau on Prenatal, Infant or Pre School child care. Also the long established custom of giving advice on food preparation has meant that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting unusual results. With the coming of food shortages and rationing, the Agent has spent much time helping homemakers with sugar, fat, flour, meat stretching, etc. The war years saw increase in food production through gardens, etc. The Agent has consequently been called on for an additional amount of information on food preservation. In 1944, an eighty acre field of garden peas ready for harvest was abandoned because of labor troubles. The field was thrown open to the public before the growers got around to plowing the peas under. For about ten days, Yuma County housewives (more than a hundred in the field at one time) went to the field and picked peas by the bushel. The Agent was very busy answering office and telephone calls requesting canning information. In 1945 there was a similar instance on a somewhat smaller scale, when a field of garden peas was turned over to the public by the Reclamation. This was accompanied by an increase in requests for canning information. However, this year, several sharp freeze units have appeared on the scene, homemakers calling in for information because they were freezing the peas. At other times surplus fields of black eyed peas, tomatoes and Irish potatoes were thrown open when products for the picking or a much reduced price were made available and housewives have availed themselves of foods for canning.

During the current year, there was again a surplus field of English pease but this year there has been a charge for the peas when before the peas were available for the picking. This resulted in less of the peas being either canned or frozen.

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Hot school lunches have increased both in quality of lunches served and in percentage of children served this current year over previous years. The problem has been simplified by the fact that three rural schools have been closed the children being sent either to Crane School or to the Yuma Grammar School. These are as follows: Laguna School in the North Gila Valley closed 1944-children enrolled at Yuma Grammar school; Sunnyside School closed 1944-children enrolled at Crane; Rood School closed 1946--children enrolled at Crane. In the Fall of 1945, a hot school lunch was instituted at Roll, Mohawk School with the President of the Home Demonstration Club acting as Cafeteria supervisor.

This Fall, the Wellton Home Demonstration was organized as a unit separate from the Roll-Wellton Club and they have been working on the project of a hot school lunch for Wellton. They hope to begin serving after the Christmas holidays. Hot school lunches now in operation are as follows: Yuma Union High School, Yuma Grammar School; Gadsden, Somerton, Crane and Roll.

In 1945, a school lunch leader meeting was held at Somerton with Miss Reva Lincoln, Extension Nutritionist in charge. This year the Agent has supplied recipes, etc. on request to lunch room supervisors. These women have in turn helped the 4-H Meal Planning Club program by acting as Leaders, by permitting their rooms to be used for meeting places, and in the case of Crane School, by preparing meals for the County 4-H Fair and the Recognition Event.

SUB PROJECT A - FOOD PRODUCTION

As previously stated, the war brought a great change in the vegetable marketing facilities in Yuma County. In pre-war days, our markets were abundant in both variety and amounts of fresh vegetables and at very reasonable almost nominal cost. After the war began, the change was to the bad in all three instances. In view of this during the last four years gardens have been very much the order of the day; that is, when they could at all be managed. While the Home Demonstration program in the matter of gardens continues to be purely subsidiary to that of the County Agricultural Agent program, yet certain things have been accomplished to stimulate production. It now appears that gardens have become a habit with many home makers who before the war considered them not feasible in this area.

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PROGRAM OF WORK (Cont'd)

XIII NUTRITION (con't)

SUB PROJECT A - FOOD PRODUCTION (cont'd)

Gardens reached their peak in number three years ago. Since then this number of gardens has, in the large been maintained. Home makers have learned much in wise planting for a balanced yield. This is true both for variety of vegetables planted and amounts planted. Club meeting discussion have continued to be positive factors in this direction. For instance there has been an increase for both the plantinf of broccoli and the consumption of broccoli resulting from calling attention to the fact that it is particularly adapted for growing the Yuma Area. In 1945 the Agent gave instructions for cooking broccoli at meetings of all Home Demonstration Clubs. In Yuma County gardens the chief vegetables grown are as follows: tomatoes, garden peas, black eyed peas. beans of many varieties. broccoli, greens of many varieties, carrots, potatoes, squash, beets, cucumbers, corn, onions, okra, egg plant, peppers and radish.

SUB PROJECT B - FOOD PRESERVATION

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This is because food material grows in Yuma County the year round. However, this presence of fresh food materials has made Yuma County not one which cans heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. For the past few yeasrs there has been rather large scale trucking of such fruits from California which, together with the shortage of commercially canned fruits has greatly stimulated home canning. Then, too, since Yuma is located on the border of California, many home makers make rather extended visits to california orchards, when the fruit is ripe, for the purpose of canning the fruit.

The year 1943 saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable yet, without exception home makers preferred canned foods. Drying was not deemed of much practical use in Yuma County because surplus can better be conserved by canning or freezing. A possible exception may be the drying of figs. However, a special method must be used to prevent spoilage as follows:

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project B--Food Preservation (cont'd)

Place the figs on trays in the sun protected from insects. (The figs should be separated from each other in single rows). Dry until they give in the hand when squeezed, not rattle. Then wash 20 minutes in cold water containing 4 ounces salt to each gallon of water. Dry again for one-half day. (The figs will plump again). Pile them up for a week or two to sweat, then pack in clean boxes or sterile jars and seal tightly to prevent further drying and to protect from insects.

In 1943, also, when pressure canners were being rationed, approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In all years past, some work has been done by the Agent in testing the accuracy of pressure gauges. She has, at present a maximum registering thermometer and tests gauges on request. However, Yuma County's dry climate together with sea level altitude tend to keep gauges accurate and to minimize the importance of such testing.

The years 1944 and 1945 saw the practice of home canning in Yuma County reach a new high. This was accounted for by the following:

1. High point value of commercially canned foods.
2. Increase in California fruits trucked into Yuma
3. Surplus from vegetable gardens
4. Increase in number of pressure cookers in the County.

The current year has seen a decided decline in canning in favor of freezing as a method of preservation. This is due to greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty percent of the rentals going to rural people. In addition home freezer cabinets have been installed in a great many rural homes with more being purchased all the while.

In August of 1945, the Agent attended a work shop on Freezing of Foods at the University. The school was under the direction of Miss Reva Lincoln, Extension Nutritionist. This work shop was good preparation for demonstrations and conferences in the county. At the University, the group used the new freezer cabinet located in the nutrition research department. The Agent came away from the work shop with a good comprehension of the principles and operations involved in deep freezing.

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project B--Food Preservation (cont'd)

In October and November of 1945, demonstrations on freezing were given to Yuma County Home Demonstration Clubs and to the Yuma Garden Club, the Senior Delta Club and a Tenant Purchase Group from the Farm Security Administration.

During the current year a demonstration on the preparation of foods for freezing was given to the Mother's Club of Yuma. The Agent prepared broccoli and rhubarb for freezing, leaflets were distributed, and there was a comprehensive round table discussion. Three Home Demonstration Clubs have requested repeat demonstrations and the Agent has complied. Two such demonstrations were given in February and one in April.

The Freezer Locker Plant has been going at top speed since the day it opened. Already they have added to their initial capacity of six hundred lockers and there has, from the first, been a waiting list. Meat is the predominant thing stored. There is a butcher employed at the locker and a charge made for cutting and wrapping. However there is considerable preparation for freezing done by homemakers and more and more freezing is superseding canning as a method of preserving vegetables and fruits which lend themselves to freezing.

During the month of June, this year, the Agent had an unusual number of calls for information either on canning or freezing of poultry. Reasons included high price of feed; summer heat; summer vacations with no one at home to care for the chickens.

During the month of June, this year, the government bulletin on Canning and the one on freezing fruits and vegetables was mailed to the entire mailing list.

Of rather unusual interest ^{is} the fact that many Yuma County homemakers have canned Irish potatoes. This was because potatoes do not store successfully here and there has been a surplus. The Agent has dispensed information on the subject on request.

On one occasion the manager of the Frozen Locker Plant called the Agent requesting information on the storage of white flour. It seems a demand had developed because of the flour shortage. The Agent complied with the best information she had on the subject.

Among the usual run of requests for information on preserving of food materials, there have been an unusual number for help with the storing of fresh dates. These the Agent has answered

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project B--Food Preservation (cont'd)

with home visits, with phone calls and with distribution of the Arizona Extension Circular "The Home Curing of Fresh Dates in Arizona" and Extension Folder W-37 "Home Curing of Dates".

Before leaving the subject of food preservation, a brief paragraph of the County's 4-H Canning representative seems in order. She is a seventeen year old girl who has done much more canning than is possible with most Yuma County 4-H girls. This is because the family butchers all its own meat and canning is the chief means of preservation. This last year she took entire responsibility for the canning. She has also had opportunity to sell her canned meat. She prepared an excellent record book telling of her activities and the Agent worked with her to make sure her figures checked, etc.

SUB PROJECT C--FOOD SELECTION AND PREPARATION

Certain factors have influenced procedures in Food Selection this current year as compared with previous years. One of these has been the shortage of sugar, fats, meat and for part of the year wheat flour. Another has been the opening of the markets for the purchase of pressure sauce pans. A third factor has been the almost epidemic proportions with which Yuma County families took vacation trips this summer.

This last mentioned factor influenced the program from June to October when practically all food selection and preparation meetings were with 4-H club girls. These vacations were partly because of the weather, when high temperature was combined with high humidity, a very bad combination. Then, too, families had planned, all during the war, to take time off the first summer when conditions made it possible.

As illustrative of this is a letter from a Home Demonstration Club Secretary in reply to a request for overseas children's packages (the "Yellow Duck" program described later).

"Our Club President has asked me to write you in answer to your letter. We would like very much to fix a box of toys as suggested but as most of the ladies are away now it will be impossible. Our President is working at Ralph's Mill and so would not be able to put any time working on it, and we are leaving for vacation in a few days. We hope that the next time we are called upon to do something we can comply". For the

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project B--Food Selection and Preparation (cont'd)

above reason most of the field work of the Agent has been with 4-H club girls. Even here it has been necessary to be content with a big shift in personnel. At repeat meetings of the same club, there has been an almost complete change in members present because families had gone on vacation.

Food selection is almost always integrated with food preparation when it is the topic of the day at meetings. For that reason it is difficult to separate them for a report. However, this current year, as last year, women have wanted help with meal planning because of the restrictions which shortages of certain foods has brought. This help has been given at meetings, over the telephone, in office calls, home visits, radio broadcasts and in circular letters.

There follows chronologically a brief discussion of meetings which either directly or by follow up have helped with food selection and preparation problems.

During December, as last year, fewer demonstrations were given on Christmas Cakes, Candies, etc., because the sugar shortage made such demonstrations not feasible. The Agent distributed and discussed at Home Demonstration Club Meetings the State Extension bulletin entitled "For That Holiday Dinner". The method of roasting the turkey and the stuffing were particularly good and were helpful. Many women also made the carrot pudding suggested in the bulletin. On one occasion, the Agent used the directions herself in preparing a turkey dinner for sixteen guests and with very good results. In the week preceding Christmas, the Agent was called repeatedly to give advice on christmas preparations varying from recipes for cooking dehydrated cranberries to picking goose.

In January, intensive work began in preparation for the County 4-H Fair. In preparation for demonstration contests, club members gave demonstrations at their regular club meetings. At Meal Planning club meetings, demonstrations on table setting were practiced. The Agent wrote the outline for the demonstration and distributed it to club members.

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project C--Food Selection and Preparation (cont'd)

In February, Miss Reva Lincoln, Extension Nutritionist, came to the county for two day's work and the Agent spent a very profitable time with her on the subject of Pressure Sauce Pan Cookery. Miss Lincoln brought her own Flex Seal Sauce Pan; Miss Virmond, Home Demonstration Agent at large, generously loaned her Presto Sauce Pan; the factory shipped a Mirro-Matic saucepan; a local store loaned a "Minute-Saver" Universal saucepan, which they had in stock. The first day was spent in a work-shop making comparisons of the sauce pans and formulating a demonstration on the preparation of a Pressure Sauce Pan Meal. The menu selected included: Swedish Meat Balls; Broccoli; Apple Brown Betty. The second day this demonstration was given to the Roll-Wellton Home Demonstration Club and the members were much interested. The demonstration was augmented by two nutrition movie reels.

Following Miss Lincoln's visit, there was time but for one demonstration by the Agent on Pressure Sauce Pan Cookery in February. This was given to the Sunnyside Home Demonstration Club and with good results.

In March a total of three meetings on Pressure Sauce Pan Cookery were conducted by the Agent. Clubs included were as follows: North Gila Home Demonstration Club; Gadsden Home Demonstration Club; Yuma Mesa, Crane Home Demonstration Club. The meal prepared at these demonstrations was the same as the one prepared when Miss Lincoln was in the county.

Preparation for the county 4-H Fair continued to be stressed and all meetings centered around team demonstration by club members. In the northern part of the county, the Parker Club did a demonstration on a simple salad fitting it into the basic seven food chart. The Bouse and Salome Clubs did demonstrations on Setting the Table the 4-H Way and "Accurate Measurements". The Crane Meal Planning Club worked on three demonstrations: "Simple Salad"; "Setting the Table the 4-H Way"; "Accurate Measurements". The Roll Club worked on "Setting the Table the 4-H Way".

The latter part of March, the State Convention of the Business and Professional Women was held in Yuma. It was a big affair and all professional women of Yuma were asked to assume responsibilities as hostesses. The part the Agent was asked to do, was to be chairman for the noon luncheon on

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project C--Food Selection and Preparation (cont'd)

Saturday, March 23rd. She had a committee of fourteen and together they planned, prepared and served two hundred people. Everything went smoothly and the food was unusually good. Several of the guests remarked that it was the best managed affair of its kind they had ever seen which made the Agent feel very good. It is not likely that Yuma will be hostess for the convention for many years to come, so the time seemed more than well spent. As a matter of record the only day time spent was Saturday morning.

In April, the work of the County 4-H Fair superceded all other. Meal Planning Demonstrations were given as follows: Setting the Table the 4-H Way; Accurate Measurements; Making a Simple Salad. The winning demonstration in the Junior Division of the Fair was given by Crane Meal Planning Club members and was entitled "Setting the Table the 4-H Way".

The latter part of the month, the Assistant County Agricultural Agent and the Home Demonstration Agent visited the northern part of the County. Demonstrations on making a Simple Salad were given at Bouse; at Wenden; at Salome.

In May, the Agent worked out a demonstration on substituting potatoes for bread. To increase interest, she prepared a molded potato salad which the women liked very much. There was a round table discussion for exchange on using potatoes. This demonstration was given to the North Gila Home Demonstration Club and the Gadsden Home Demonstration Club.

In June came the transition from a spring to a summer program. The Agent met regularly with 4-H Meal Planning Clubs. Three centers were made available for such meetings as follows: Gadsden Boy and Girl Club House; Somerton School Cafeteria; Crane School Cafeteria. Each group had its local leader who worked closely with the Agent. In the beginning, each group worked on the demonstration "Making Citrus Juice Punch". All groups then chose to study bread making looking forward to demonstrations on the subject at the County 4-H Fair next year, 1947.

Also during June, a Dairy Foods Demonstration Team was selected from among the winners at the 4-H Fair. The winning senior team at the Fair was John Ann Ham and Louise Headington from Crane School. The winner from the northern part of the county, Parker, was Mary Ruth Hargus. Just after school closed John Ann Ham moved with her family to Kentucky which eliminated her. That made the two girls most eligible Louise Headington and Mary Ruth Hargus.

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project C--Food Selection and Preparation (cont'd)

Colleen Masters from Gadsden, a blue ribbon winner at the Fair, was chosen as alternate. Some time was spent during the month choosing a subject and formulating plans for the demonstration. The Gadsden girls were, as a group, very helpful in discussing details. The subject chosen was "Outdoor cookery".

During July and August food selection and preparation meetings were confined to 4-H ones. The reason has previously been given. Regular meetings were held in the three centers before referred to and the Agent attended unless prevented by work outside the county or annual leave. Bread making continued to be the center of interest supplemented by some work on sugar saving desserts to relieve the monotony. It was somewhat difficult to arrange practices for the dairy foods demonstration team since one of the girls lives in the northern part of the county and the other in the suburb of Yuma some one hundred and forty miles apart. However, the problem was solved by having transportation furnished for Mary Ruth by a member of the County Board of Supervisors from the northern part of the county. Mary Ruth stayed at the Agent's home and each visit was made to count for a lot in practice progress.

While there were no regular adult meetings during the summer, still the Agent received numerous calls asking for advice on one phase or another of Foods work. Illustrative of this is one homemaker who called in saying that she had used frozen pineapple in a gelatin salad and could not understand why it would not gel. The Agent explained the uncooked pineapple contains an enzyme which prevents the jelly action.

During the summer, one Red Cross Nutrition Committee meeting was held. The subject under discussion was Yuma's cooperation with the Red Cross program for food conservation. Plans were made, and later carried out, for distributing cards on the subject through the local grocery stores. As a result of this meeting, letters on the subject were sent to the Presidents of the various women's clubs in Yuma and vicinity.

As the heat broke this Fall and Home Demonstration Club meetings were resumed, there was included an interest in the subject of sugar and fat conservation. During October a total of four demonstrations were given on the subject making, ^{an} illustration, date nut bars. Since the date crop had, by this time, been harvested and pecans were coming in, women found these bars practical as well as delicious.

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PROGRAM OF WORK (cont'd)

XIII Nutrition (cont'd)

Sub Project C--Food Selection and Preparation (cont'd)

In November the round of clubs was completed on the above demonstrations. Added were roll calls on the subject which brought out some excellent suggestions from club members.

The Gadsden Home Demonstration Club, this Fall, sponsored the making of a sugar conservation plaque which was exhibited at the State Fair. The plaque spelled Yuma with dates with a background of candied grapefruit peel and a border of pecans. This was represented by products grown in the Yuma Valley.

The Gadsden 4-H girls with the school Cafeteria Supervisor as their leader, prepared yeast rolls, cookies, and spice cakes and entered them in the Domestic Science division at the State Fair.

In all the above, the Agent helped with plans, with shipping, etc.

4-H Meal Planning Clubs have been organized this Fall at Gadsden, Rood, Somerton, Farm Security Migratory Camp, Crane, Wellton, Roll, Parker and Bouse. This is quite an increase over any previous year and work is underway for good completions.

XIV CLOTHING

Actual demonstrations in clothing work may not be as many this current year as in some years previous because of the press of other activities. However, the Agent has had opportunity to get a perspective of the results of the long time clothing program in Yuma County. In every community she has found women who are skilled in clothing technics Home Demonstration work has taught and who either formally or informally have acted as local leaders for both adult and 4-H club work. This is not a surprise, of course, when it is realized that there has been a consistent clothing program in the county for more than two decades.

Since Miss Lorene Dryden closed her work as Clothing Specialist in the County and State this past Fall it may be well to give the highlights of her ~~technics~~ *teachings* in Yuma County

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PROGRAM OF WORK (cont'd)

XIV. Clothing (cont'd)

Sub-Project A--Selection

In February, 1942, the Specialist presented the subject "Identification of Fibers" at a local leader meeting. The subject matter was studied by the leaders in attendance and, with the help of the Home Demonstration Agent was given back to all Home Demonstration and affiliated clubs in the southern part of the county. It can be said, that "Yuma County women have truly become acetate rayon conscious" because of this work.

Selection, as such, has for the last three years had a right about face because there has been such limited choice of materials in local stores. It has been necessary to watch the stores from day to day in order to obtain material"--yardage has not stayed on the merchandise shelves more than a few hours at a time. However, in one way, the work on Identification of Fibers has been invaluable in the clothing shortage because it has helped with proper care of materials. During the current year the Agent has given instructions for identification of fibers as a care of clothing procedure. Leaders in all communities have done the same.

There has been garment construction work with feed sacks when they could be obtained. At the State Conference on Family Relations in August, 1945, the Cochise County Home Demonstration Agent demonstrated the stencilling of designs on material and mostly the material used was feed or flour sacking. She had some very lovely designs which the Agent traced off. After the Agent came home she cut these stencils in her spare time and showed them to club members. As a result during the months since some very interesting dresses, dirndl skirts, blouses, etc., made from feed sacks and stencilled have sprung into being. Last December, all Home Demonstration groups availed themselves of the patterns and equipment for stencilling and made some very attractive stencilled Christmas gifts. This Fall, the Agent has purchased a Textile painting set, to add to her previous supplies and is loaning the equipment to groups upon request.

Sub-Project B--Construction

During her period of service, Miss Dryden helped much in teaching garment construction techniques. This was done through conferences on 4-H club work, through a children's clothing workshop, and through work on Tailoring.

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PROGRAM OF WORK (cont'd)

XIV Clothing (cont'd)

Sub Project B-Construction (cont'd)

In April of this current year, Miss Dryden was in the county for four days. During the time, a two day local leader school was held on Basic Patterns; a meeting was held with the Roll-Wellton Home Demonstration Club; a fifteen minute joint broadcast, between the Specialist and the Home Demonstration Agent, was given over KYUM.

While the local leader school was the smallest of its kind in the County so far (only three communities represented) had legitimate reasons which prevented their coming.

Since this school two of the local leaders have come to the Agent for bulletins, etc., and have held schools in their communities. The Agent has herself held two such schools in communities not represented at the local leader school. That makes, to date, five communities reached, with a total of twenty two basic patterns.

The Agent, this summer, used her basic pattern to make a tailored suit and blouse with good results. She has been wearing this ^{new} to Home Demonstration Club meetings this Fall and has been able to show tailoring technic with it. There is always some time for informal discussion at meetings.

At the Roll-Wellton Home Demonstration Club meeting, the Specialist delighted the group with an illustrated talk on present trends in the textile industry. She included, on special request, a demonstration of a new method for sewing in zipper.

This latter the Agent later took to all Home Demonstration Clubs in the southern part of the County. She equipped herself with a supply of ripped zippers from worn out garments and the women actually worked at sewing in zipper. A number of women have since told the Agent they like the method very much and are using it.

The broadcast shared by the Specialist and the Home Demonstration Agent took place in the form of a dialogue emphasizing high lights in the clothing program.

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PROGRAM OF WORK (cont'd)

XIV Clothing (cont'd)

Sub Project B--Construction (cont'd)

One technic taught at meetings this year has been particularly useful. It is a method of making buttons by covering bone rings plus centers from the cork linings of bottle tops. This method came originally from the state office but this Fall, by special request, the buttons have been demonstrated to all Home Demonstration Clubs and some 4-H clubs as well.

While at 4-H Camp this summer, the Agent made some items which have been reproduced at all Home Demonstration Clubs this Fall namely: a ^{wrist} pin cushion; a special bag which may be used for sewing equipment, as a party bag, etc.

One exception to inactivity of Home Demonstration Clubs this Current summer is the North Gila Club. One of their members was burned out completely this last spring. The Agent helped in securing materials, etc., and the group made two quilts presenting them to the member in question this Fall.

Sub Project C--Economics

Clothing economics has been carried for several years under the guidance of the State Clothing Specialist and under the caption of "Care of Clothing Series". The first of the series, namely "Identification of Fibres" has been reported under selection of clothing. The second of the series comprised a local leader meeting on "Laundering Techniques" with subsequent community meetings. The third was on "Dry Cleaning" which included a demonstration of the use of home made pressing equipment. Then came two county wide programs on mending. All of these programs are now more than two years old but their teachings are at present being used by Yuma County Home Demonstration Club members.

In 1944 the "Care of Clothing Series" branched out into Clothing Storage. During the year the State Clothing Specialist conducted one local leader meeting and one Home Demonstration Club meeting on "Clothing Storage". The Manual Training centers at Somerton and at the Mohawk School in Roll were chosen as meeting places because they afforded the use of shop equipment. The phase of storage chosen for discussion was storage of shoes and sewing equipment. The Specialist brought along illustrative material in the form of shoe racks and portable sewing cabinets and after a discussion period, the women chose differently to make

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PROGRAM OF WORK (cont'd)

XIV Clothing (cont'd)

Sub Project C--Economics (cont'd)

floor shoe racks, a door shoe rack, and portable sewing cabinets. In Somerton a follow-up meeting was held at which time an additional number of the above articles were made. The women reported good use of all articles.

In 1945 two groups who were not privileged to be part of the above meetings, made portable sewing cabinets as follows: - The North Gila Home Demonstration Club began with an all-day meeting at the school house. The Agent secured the necessary materials for the frames at a local lumber yard and during the day twelve frames were completed ready for painting. It took two additional afternoon meetings to finish the cabinets but the results were very satisfactory. The different linings and fittings made a lovely colorful showing. The cabinets are meeting a real need with the women and are something which should last a lifetime.

In September of 1945 North Gila Home Demonstration Club members who had missed making the cabinets, did the carpentry work for them, at the school house. The completions were done at home with the help of other members who were experienced.

Miss Dryden, State Clothing Specialist, conducted a second leader meeting on "Clothing Storage". At this meeting the principal interest was arrangement of dresser drawers. The meeting was held in the Somerton Manual Training center. Some of the leaders brought shoe racks and portable sewing cabinets which they had made. The leaders worked with dresser drawers which they had brought from home. The idea was for them to make divisions which would facilitate orderly and convenient storage. Quarter round cleats were cut to measurements and nailed into some of the drawers and sliding horizontal divisions made to run back and forth on the cleats. Vertical divisions were also made, some of cardboard and some of plywood or pieces of wood cut from orange crates and planned to smoothness. The results of the meeting were taken back to all communities represented at the meeting namely: Yuma Mesa; Gadsden; Somerton; Rood; Sunnyside; Crane.

While there has not been time for actual meetings by the Agent on the above subjects during this current year, still from reports, the practices are being utilized by all communities.

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PROGRAM OF WORK (cont'd)

XIV Clothing (cont'd)

Sub Project D--4-H Clothing

As before explained 4-H work in all its phases has required an increased amount of time this year as compared with previous year.

In January the Agent contacted all leaders and clothing club members in the interest of the 4-H Fair. She wrote two demonstrations, one on the shrinking of washable materials and one on the glue method for cleaning washable woolens. Clothing clubs used these as practice demonstrations preparatory to working up demonstrations for the Fair.

Also in January, the Agent prepared a chart setting forth the points to watch in order to make a dress look professional. This she used for the Fair.

In February the Agent consulted with 4-H Leaders and clothing club members concerning technics of garment construction. She helped members in Parker, Wenden, Roll and Wellton to secure yardage for dresses. In every way she knew, she encouraged club members to work for completions in time for the County 4-H Fair. Because of difficulty in securing material, many girls had a late start with their garments. Then, too, there were school activities (basket ball games, track meets, etc.) which cut into the time allowed for 4-H Club work.

In March the Agent spent time coaching demonstration teams in cooperation with the various leaders. Since a demonstration contest was new to many leaders and club members, it required considerable patience and fortitude on the part of the Agent. The following demonstrations were developed and practiced: A Quick Patch for Work Clothes; Cleaning Washable Woolens, glue method; Sewing on fasteners; Shrinking Washable materials; Making a French Seam; Cutting True Bias; Shining Shoes the 4-H Way; Taking Measurements for a Dress. The Following 4-H clubs were included in the demonstrations: Gadsden Home Economics, Gadsden Stitch and Cackle; Somerton Home Economics; Rood Home Economics; Sunnyside Clothing; Wellton Clothing; Roll Home Economics; Parker Clothing; Crane Jolly Commuters; Roll Las Aquilas; Sunnyside Clothing.

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PROGRAM OF WORK (cont'd)

XIV Clothing (cont'd)

Sub Project D--4-H Clothing

In April came the 4-H Fair. The Agent was very gratified at the number of clothing entries and the number of clothing demonstrations given. One hundred and thirty girls had from one to five entries each. There were five senior clothing demonstrations and twelve Junior clothing demonstrations. There would have been more but, at the last minute, girls from the northern part of the county could not enter as previously explained.

The girl chosen as dress revue representative was Gladys Davidson. Her dress is of grey wool attractively embroidered with wool yarn. Her hat, shoes, and bag are kelly green. Later it was found that Gladys was a little too young to be a state contestant and so. Shirley Woodhouse second in line, was made the Senior county dress revue girl.

Shirley Woodhouse made a very becoming costume. The dress is a fall one, semi-tailored, of corn colored spun rayon material. Her accessories are brown. The dress material had threads woven into it to make a plaid. Shirley matched the plaids at the skirt seams, under arms and the sleeve front with the blouse. In State competition Shirley came out second in the State.

Dorothy Lattie won on points for Yuma County Clothing Achievement representative. She has a very fine clothing record including more than a hundred garments made for herself, her family and some for outsiders. At the Fair Dorothy modeled a blue wool skirt with lined jacket which she had made for herself and her mother modeled a blue wool street dress which Dorothy had made for her. Dorothy had a very fine scrap book, telling in a well organized way of her accomplishments.

As this report is being written clothing clubs have been organized for the year 1946-47 and are meeting regularly. Leaders are functioning every where. There is still the problem of obtaining material with which to work but ways out are developing and prospects are good for a high percentage of achievements this coming year.

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PROGRAM OF WORK(Cont'd)

XV HOME MANAGEMENT

Sub Project A--Selection

As in previous years household accounts and budgets have been discussed, round table fashion, at some meeting of all Home Demonstration Clubs during the year. As nearly as the Agent can ascertain all rural families are keeping accounts. However, most of them continue to prefer following their own methods and the wall calendar continues to be a favorite method of jotting ~~them~~ their expenditures down. Only a small percentage of Home Demonstration Club members actually make a budget for the year. The consensus of opinion is that it is more difficult to predict expenses at present time than in pre-war years.

For the past three years the Agent has acted as consultant in home furnishings. She has advised Home Demonstration Club members as well as other homemakers on the selection of material for re-upholstery and slip covers, for drapes, on equipment, arrangement of furniture, etc. Fortunately upholstery and slip cover materials have been in the stores much more abundantly than other materials.

Sub Project B--Construction

Home Demonstration Clubs have been working with upholstery and slip covers for a good many years, so there is a good share of experienced information on the subject in all communities. Because of a full program, the Agent has personally supervised work meetings only when it was necessary to maintain standards. The meetings personally supervised represent only a small percent of the work accomplished. A schedule of the Agent's activities is as follows:

In January one all-day work meeting on upholstery was held. At this meeting, the springs were tied in an overstuffed chair following which the chair was recovered. The finished product was quite professional looking.

In February two meetings, one on slip covers, and one on upholstery were held. At each of these meetings a davenport and a chair were covered.

In March upholstery work was done at a meeting of the Roll-Wellton Club at the Reilly ranch about fifteen miles beyond the Mohawk school in Roll. A davenport and chair were finished complete with pleated ruffles during the day. The finished products were professional looking and Mrs. Reilly delighted. The work seemed particularly worth while because of the inaccessibility of the ranch--both the distance and the poor roads would make it very difficult to bring the furniture to Yuma for covering.

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PROGRAM OF WORK (cont'd)

XV HOME MANAGEMENT

Sub Project B--Construction (cont'd)

In November another slip cover meeting was held when a davenport and chair were covered, again complete with pleated ruffle, and again to the complete satisfaction of every one concerned.

Reference was previously made to mattress making. Since it logically belongs here it is again included here. In December, the Agent responded to a request from Parker. She found upon arrival that several of the women had had experience with mattress making and the need for help came from having lost their directions and forgetting certain points.

They had a mattress partially made when the Agent arrived and she was able to see them through the completed process. The mattress was really lovely and the women very particular in their work. The Agent left complete written directions and one of the leaders promised to have these mimeographed. Because of the inaccessibility of mattress twine and needles, the Agent loaned them her supply. There are two centers for working, one at the Parker Valley School and one at Poston. In July the Agent held one meeting with a neighborhood group when a mattress was made for a baby bed. A young mother with a new born baby had ordered a bed. It came without a mattress and she could not get one. The neighbors took pity on her and called the Agent for instructions. Materials were purchased from a local upholstery shop and the group were much pleased with the results.

Soap making continues to be practiced among Home Demonstration Club members, as a means of supplementing commercial soap which continues to be scarce. The Agent has sent the mimeographed directions on request--directions using borax, ammonia and citronella in addition to the regular ingredients, and which gives a very satisfactory soap.

Sub Project C--Family Relations

In August of 1945, a Family Relations Conference was held for all Home Demonstration workers, under the direction of Mrs. Lydia Ann Lynde from the Washington Office. She gave us much in practical and needed subject matter, putting emphasis upon approaching all home demonstration work from the family relationship angle. Eight points were developed as a means of problem solving.

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PROGRAM OF WORK (cont'd)

XV HOME MANAGEMENT

Sub Project C--Family Relations (cont'd)

In January of this current year, the Agent held meetings on family relations giving back to the groups the above subject matter followed by a round table discussion. The following clubs were so contacted:

Gadsden Home Demonstration Club
North Gila Home Demonstration Club
Sunnyside Home Demonstration Club
Roll-Wellton Home Demonstration Club.

The reel entitled "Planning Our Family Life" was shown at the Sunnyside and Roll-Wellton meetings. Copies of the leaflet "Presenting Eight Simple Logical Steps as an Aid in Problem Solving" were distributed at all the above meetings.

XVIII Community Activities

Sub Project A--Related Agencies

First place on helps from related Agencies this current year must go to the Yuma Senior Chamber of Commerce and the Crane School. It was the Chamber of Commerce for who furnished funds for all cash prizes at the Junior Agricultural Fair and this Fall, who furnished the dessert for the Recognition Banquet. The Crane School has opened its doors for the above functions and much time and effort have been spent by the staff in making these events a success. The Crane School has spacious grounds, and two large buildings one of which has recently been built including a large auditorium. As some one said "It's a natural for 4-H club events". Not too much can be said for the splendid cooperation of the school principal, Mr. Warren Sirrine.

Last spring, the Home Demonstration Agent was elected President-Elect of the Arizona State Home Economics Association. In this capacity she has a lot to learn but already she is finding that much is to be gained for work in the county from this affiliation.

Iota Chapter of the Honorary Education Society, Delta Kappa Gamma, was installed in Yuma County in 1944. The Agent was invited to be one of its charter members and was initiated.

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PROGRAM OF WORK (cont'd)

XVIII COMMUNITY ACTIVITIES

Sub Project A--Related Agencies (cont'd)

Members include representatives from Gadsden, Somerton, Crane and Yuma.

This current year Delta Kappa Gamma sponsored a round table discussion on Peace. The meeting was held in Somerton and was participated in by the Agent and several Home Demonstration Club members. Reviews of authoritative articles were made and a most interesting and instructive evening spent.

The International Associated Women of the World was a related agencies in July. Through them an appeal was made for the Christmas Toy Fund to underprivileged overseas children. In July, the Agent passed on the request to all Yuma County organizations. She included the "Yellow Duck" story illustrated as it was from the state office. Because very few organizations were functioning at the time, the response was small. Four organizations notified the Agent that they had sent packages. However, the Agent did not request a report so there may have been others who sent packages.

Other related Agencies include the American Red Cross, church organizations, Yuma Union High School, and local civic clubs. This cooperation has gone on for years and has continued through the current year.

Sub Project B--Conferences

For the current year, conferences may be divided into two groups as follows:

1. State Conference
2. Conferences within the County.

The State Conferences chronologically were:

December--Annual Extension Conference, University of Arizona
Tucson.

March --Extension Radio School, Phoenix

June --Country Life Conference, University of Arizona

July --State 4-H Club Camp, Camp Geronimo, near Payson

October --Extension School on Housing, University of Arizona

--Executive Committee Meeting, Arizona Home Economics Association.

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PROGRAM OF WORK (cont'd)

XVIII COMMUNITY ACTIVITIES (cont'd)

Sub Project B--Conferences (cont'd)

The agent spent six days in December at the Annual Extension Conference. As usual, the Conference was helpful. This was particularly true of the Home Demonstration sectional meetings.

During March, the Agent attended an Extension Radio School with Mr. Ken Gapen, Director of Farm and Home Hour, San Francisco, in charge. This proved to be a very helpful experience, when all Extension workers were given constructive criticisms, and given the courage to "Ad-Lib".

The Country Life Conference in June was a glowing success as far as the Yuma County delegation was concerned. Transportation to and from the University was provided by the Home Demonstration Agent's car. All members want to go again next year. On the program, the work on housing was outstanding.

The State 4-H club camp trip has been previously told. The group included seventeen Yuma County 4-H club boys and girls and one local leader. Ten very profitable days were spent. This was the second year such a trip was made.

In October the Agent attended a two day school on housing given at the University with Mr. Donald Hitch in charge. All phases of housing were presented by people who were authorities in their fields. Much practical and useful information was received and over a period of time can be well integrated into the Home Demonstration Program of Yuma County

Also in October, the Agent spent one day in Phoenix attending a meeting of the Executive Committee of the Arizona Home Economics Association. Her official capacity is President Elect of the Association. Miss Gladys Wyckoff, regional director from the National Association was present. A program for the fall meeting of the State Association was planned by the group.

Conferences within the County have been largely carried in foregoing discussions concerning project activities. Special attention should probably be drawn to the following:

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PROGRAM OF WORK (cont'd)

XVIII COMMUNITY ACTIVITIES (cont'd)

Sub Project B--Conferences (cont'd)

In January, a county luncheon meeting was held at the Valley Cafe with the Senior Chamber of Commerce as host. Thirty-five were in attendance, made up of club leaders and County Council members from the southern part of the county, together with the County Agents and two representatives from the Chamber of Commerce. Mr. Al Face, Assistant County Agent, acted as Master of Ceremonies. Folders at each place told of the 4-H Calendar for the year. A mimeographed tentative program for the Junior Agricultural Fair, including entries and premiums, was distributed for discussion. After discussion, the place, time, and general acceptance of the program were voted on affirmatively. After the regular meeting, the Council members remained and formed a County 4-H Council, electing officers and planning for a meeting of the executive committee to formulate a constitution. That meeting was later held with Mr. Face in charge.

In September last year's presidents for the Various Home Demonstration Clubs were invited to a luncheon for the purpose of planning the year's programs. In preparation for the meeting, the Agent prepared club year books following the general plan sent from the State County Council for Home Makers Clubs. The President elected is Mrs. Janet McElhaney of Wellton and the Secretary is Mrs. Naomi Lattie. The next meeting is called for January, 1947.

Regular meetings for the various Home Maker^{clubs} were scheduled as follows:

North Gila	2nd Tuesday of month
Gadsden	2nd Wednesday of month
Roll	2nd Thursday of month
Crane & Yuma vicinity	3rd Tuesday of month
Wed. Afternoon Club	3rd Wednesday of month
Wellton	3rd Thursday of month
Sunnyside	4th Wednesday of month
Rood	4th Thursday of month

It was agreed that clubs should be urged to try for certificate of achievements. State Fair exhibit plans were discussed and plans made for making a plaque featuring dates, candied citrus peel and nuts. Later the Gadsden club has taken over the making of this plaque. The tentative program to be accepted by the various clubs is:

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PROGRAM OF WORK (cont'd)

XVIII COMMUNITY ACTIVITIES (cont'd)

Sub Project B--Conferences (cont'd)

1. What's New in Housing
2. What's New in Clothing
3. What's New in Nutrition
4. Desserts featuring Yuma County Products
5. Gift Suggestions
6. Basic patterns
7. Yeast Breads
8. Others

Sub Project C--Publicity

The paper shortage has again this year, meant an abbreviated newspaper and, with a rapidly increasing community, publicity from this source has been less than in pre-war years. However, the splendid support of the newspaper personnel continues, and from time to time as the need has arisen, news articles have been published.

There have also been mimeographed newsletters sent to all the mailing list, and, as before told, a monthly 4-H newsletter published cooperatively by the Assistant County Agricultural Agent and the Home Demonstration Agent.

The Home Demonstration Agent has participated in fifteen broadcasts over KYUM in Yuma. Most of these were given as her share of a regular weekly fifteen minute broadcast series given under the auspices of the County Agricultural Agent's office. Some of these dealt with Home Economics subject matter, while others publicized special events as follows:

In January, the three Agent's took part in a broadcast, telling the public about the plans for the 4-H Fair.

In March, a broadcast again informed the public about Fair plans. In April a broadcast told of the results of the Fair. In June, a delegate and the Agent broadcast the highlights of the Country Life Conference. In June, also the Agent shared a fifteen minute broadcast with Dr. Roney, Extension Entomologist on the subject "Household Pests".

In July, a broadcast was given before and another following the 4-H club camp telling the highlights of the Camp.

In addition to broadcasts given by herself, the Agent has assisted 4-H club girls with preparations from time to time.

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1946

PROGRAM OF WORK (cont'd)

XVIII COMMUNITY ACTIVITIES (cont'd)

Sub Project E--Achievement Days

This subject has been pretty well covered in previous discussions. Either through the 4-H Fair, the Recognition Banquet, or individual achievements, all 4-H club girls who have completed projects have taken part in achievement programs.

Sub Project K--Recreation

4-H club recreation has received decided impetus during the year. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dances. In this, the Agent has acted as an assistant to the Assistant County Agricultural Agent, acting on occasions as accompanist, as song leader, and in directing dances.

The 4-H club has included Rural Life Sunday programs. Again, the Agent acted as an assistant to the Assistant County Agricultural Agent in carrying out these programs.

One cannot be a Home Demonstration Agent in one County for eleven years without making many contacts that serve to stimulate community life, recreational and otherwise. Hence, many services have been rendered which, in themselves, may not warrant mention but which have altogether been a real positive factor.

E. Outlook and Recommendations

As in previous years, the outlook for Home Demonstration work in Yuma County seems to be one of comparative security because the things which the work has to offer are timely and needed in the operation of homes. The 4-H Club Program is integrating itself into the development of all Yuma County rural youth. With the adult program, there are requests for work meetings: meetings that will help in conservation of foods, clothing, home furnishings, and housing.

Yuma County is facing a period of rural expansion. To meet this, the Home Demonstration Agent must be well informed. As she sees it, the thing that will help most is a continuation of the "work shop" movement under the leadership of the State Staff. With the subject matter, thus given, at hand, the Agent feels that she is best adjusted to give the work on a county level.



Yuma County Representatives at the State 4-H Camp.



Bridge to Lodge for 4-H Yuma County Girls being repaired - Mr. McKee, State 4-H Club Leader looks on- Camp Geronimo



4-H Clothing Girls at the Junior Agricultural Fair
wearing the dresses which they made



Roll 4-H Meal Planning Girls and their Leader at the
Junior Agricultural Fair, showing their exhibit
"Health House"



Mary Ruth Hargus and Louise Headington, Yuma County
4-H Dairy Foods Demonstration Team



Billie Simons- Yuma County 4-H Girl
wearing a party dress which she made



Dorathy Lattie- Yuma County 4-H
Clothing Achievement Girl wearing
a wool suit which she made



Shirley Woodhouse - Yuma County 4-H Senior
Dress Revue Girl wearing her winning Costume.